#### What is a nurse aide?

A nurse aide or nursing assistant provides over 90% of direct care to patients, residents, or clients. A nurse aide supports a patient's care plan while focusing on the physical, social and emotional support of patients and their families. Nurse aides work under the supervision of a licensed nurse. The annual median salary for nursing assistants is \$32,000.

# Some basic tasks that nurse aides perform include:

- Assisting in transporting patients in wheelchairs
- Assisting with turning and positioning
- Bathing
- Bed making
- · Catheter care
- Dressing
- Infection control and safety awareness
- Keeping resident belongings neat and organized
- Measuring and recording vital signs
- Nourishment
- Range of motion exercises
- Toileting





# What is the Nurse Aide program like?

The FCCCT 126-hour PA state approved Nurse Aide Training Program can be completed in 26 days. The program focuses on long term care facilities, although nurse aides can be employed in hospitals or other healthcare settings. After training is completed, the student takes a Nurse Aide competency certification exam. After passing the test, the student is placed on the state nurse aide registry and is eligible for employment as a Certified Nurse Aide. The program includes: communication, interpersonal skills, infection control, safety and emergency procedures, promote resident independence, and respect resident's rights.

## What are the essential qualifications?

All individuals who apply for admission to the Nurse Aide Program must be able to perform specific essential functions with or without reasonable accommodation.

- Communication Verbal, nonverbal, reading and writing
- Hearing Ability to hear and understand residents and staff, interpret conversation and assess and monitor residents
- Mobility Mobile and strong enough to support and move residents and move quickly to perform resident care
- Motor Skills Fine and gross motor skills sufficient to handle equipment and provide safe and effective resident care; steady arm and hand movements while manipulating objects or assisting residents; ability to perform multiple motor tasks simultaneously
- Sight Ability to monitor and assess residents and read fine print on monitors, devices, and gauges.

# ADULT NURSE AIDE PROGRAM



## Frequently Asked Questions

#### What must I do before I begin class?

Students must provide the following documentation at least two weeks prior to the first day of class, and must bring documentation with them on the first day of class:

- Physical examination dated less than one year before the class start date
- Negative two-step Mantoux test or negative QuantiFERON-TB Gold Test
- Criminal History Record Information (CHRI) report dated less than one year before the class start date
- Two forms of identification one with a photo; both with signatures
- Federal Bureau of Investigation (FBI) report, if you have not been a full-time resident of Pennsylvania for the past two consecutive years
- Current flu vaccination (Host site follows current CDC requirements related to COVID-19 outbreaks)





#### What is the dress code?

Failure to follow the dress code requirements may result in dismissal from the program.

- Clothing Solid pewter gray scrubs are mandatory daily attire unless otherwise specified in writing.
- Undergarments Appropriate to style of uniform; neutral color that blends well with skin tone. White long sleeve T-shirts may be worn under the scrub top for comfort.
- Shoes/Socks Clean, white, and polished; clinical, low-heel, non-skid soles or clinical-style sneaker (no heel strap); socks must be white calf-length or white nylons.
- Fingernails Natural nails may be no longer than 1/8 inch; no artificial nails or nail products may be worn.
- Jewelry, tattoos, and piercings A smooth plain ring may be worn; earrings may not dangle below earlobe; visible tattoos must be covered.
- Wristwatch Mandatory and must have a second hand. Smart watches, etc. are not permitted. Hair must be kept off the face and neckline.



#### What is the attendance policy?

Students must attend the entire 126-hour program to successfully complete FCCCT's Nurse Aide Program.

Please note that any time missed from the first day of class through the start of clinicals will result in dismissal from the program with no refund.

#### Is there a refund policy?

Students may request a full refund of the paid tuition up to one day prior to the start of class. No refunds will be issued once class has started. Tuition includes textbooks and workbooks for the class. There is a \$30.00 application fee that is not reimbursable.

#### Is there a reimbursement opportunity?

If you are employed by a skilled nursing care facility (one that accepts residents on Medicare/Medicaid) within 12 months of completing the Nurse Aide Training Program and have paid for training/testing yourself, you are eligible for reimbursement of those funds.

